



# PALO VERDE COLLEGE

WHERE KNOWLEDGE TAKES ROOT AND OPPORTUNITY GROWS

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## Addendum to the 2018-2019 Catalog

This Addendum is an integral part of the College's Catalog. The contents of this catalog addendum are provided as an update and/or in addition to the content specified in the 2018-2019 catalog. Effective Spring 2019.

*Palo Verde College has made every reasonable effort to determine that everything stated in the academic catalog is accurate. Sometimes changes to the academic catalog are necessary after the date of publication. Courses and programs offered, together with other matters contained herein, are subject to change at the discretion of the college.*

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### ATH 100 PRE-SEASON CONDITIONING FOR INTERCOLLEGIATE BASKETBALL

*Course length: 27-162 hours laboratory*

0.5-3.0 units

#### **CSU**

This course is designed to prepare the collegiate basketball player for the competitive season and reduce the risk of injury. Course content includes: collegiate level, basketball-specific skill development; aerobic conditioning plan; basketball-specific strength training; agility work; plyometrics; speed training; flexibility exercises; and team play activities designed to prepare the athlete physically and mentally. The course is designed to prepare students for intercollegiate basketball competition and may be repeated a maximum of three times to meet California Community College Athletic Association requirements for eligibility.

### ATH 101 INTERCOLLEGIATE BASKETBALL FOR WOMEN, FALL SEMESTER

*Course length: 85 hours laboratory*

1.5 units

*Prerequisite: ATH 100 Pre-Season Conditioning for Intercollegiate Basketball*

#### **CSU**

This course is for women students who wish to participate in intercollegiate basketball. This course may be repeated a maximum of three times to meet California Community College Athletic Association requirements for eligibility.

### ATH 102 INTERCOLLEGIATE BASKETBALL FOR WOMEN, SPRING SEMESTER

*Course length: 90 hours laboratory*

1.5 units

*Prerequisite: ATH 100 Pre-Season Conditioning for Intercollegiate Basketball*

#### **CSU**

This course is for women students who wish to continue participating in intercollegiate basketball. This course may be repeated a maximum of three times to meet California Community College Athletic Association requirements for eligibility.

**ATH 103 INTERCOLLEGIATE BASKETBALL FOR MEN, FALL SEMESTER**

*Course length: 85 hours laboratory*

1.5 units

*Prerequisite: ATH 100 Pre-Season Conditioning for Intercollegiate Basketball*

**CSU**

This course is for men students who wish to participate in intercollegiate basketball. This course may be repeated a maximum of three times to meet California Community College Athletic Association requirements for eligibility.

**ATH 104 INTERCOLLEGIATE BASKETBALL FOR MEN, SPRING SEMESTER**

*Course length: 90 hours laboratory*

1.5 units

*Prerequisite: ATH 100 Pre-Season Conditioning for Intercollegiate Basketball*

**CSU**

This course is for men students who wish to continue participating in intercollegiate basketball. This course may be repeated a maximum of three times to meet California Community College Athletic Association requirements for eligibility.

**ENG 150 READING AND COMPOSITION--SUPPLEMENTAL LECTURE**

*Course length: 18 hours lecture*

1 units

*Advisories: Overall high school GPA of 2.6 or below, or other appropriate measures*

**CSU**

ENG 150 is designed for students who are concurrently enrolled in ENG 101 and who require supplemental instruction to help enhance their skills in conducting research, reading and interpreting college-level materials, performing textual analysis and writing college-level essays. The overall objective of the course is to increase the likelihood that students will successfully complete ENG 101. In accordance with placement policies of Palo Verde College, students whose academic preparation indicates they may not pass ENG 101 without concurrent support may be advised to take ENG 150 as a co-requisite to the ENG 101 section in which they are concurrently enrolled. May be taken P/NP.