

Palo Verde College

Program Outline Report

Program Basics

Program Title:	Kinesiology
Program Status:	Active from 2026-2027 Fall (2026FA)
Department:	Kinesiology
Award Type:	A.A. Degree for Transfer (Credit)
Program/Catalog Description	Kinesiology is the study of movement as it relates to physical activity, health, disease prevention, exercise and sport. Kinesiology Majors are grounded in an interdisciplinary body of knowledge which encompasses the biological, psychological, physical, and social sciences. They use this knowledge to understand how the human body responds to movement, exercise, exercise training and overall fitness. Kinesiology majors can find employment in health care, coaching, sports officiating and athletic training. Public schools also recruit kinesiologists for their physical education departments or programs. Lastly, a baccalaureate degree in Kinesiology can also lead to advanced degrees in Physical Therapy, Occupation Therapy or Medical School. The following is required for all AA-T or AS-T degrees: 1. Minimum of 60 CSU-transferable semester units. 2. Minimum grade point average (GPA) of at least 2.0 in all CSU-transferable coursework. While a minimum of 2.0 is required for admission, some majors may require a higher GPA. Please consult with a counselor for more information. 3. Completion of a minimum of 18 semester units in an "AA-T" or "AS-T" major. All courses in the major must be completed with a grade of C or better or a "P" if the course is taken on a "pass-no pass" basis (title 5 § 55063). 4. Complete the CalGETC General Education pattern.
Control Number:	40016
Credential ID:	No value
Transferability:	No value
(SP01) Program TOP Code:	1270.00
(SP01) Program TOP Code:	Kinesiology
(SP02) Student Program Award:	Associate of Arts (A.A.) degree
Maximum Credits:	60
Minimum Credits:	60
Curriculum Committee Approval Date:	12/11/2025
Board of Trustees Approval Date:	01/13/2026
External Review Approval Date:	01/13/2026

Proposal Details

Proposal Start:	2026-2027 Fall (2026FA)
What changes have been made to the program:	Updating to pull in Phase 2 A and B CCN.
Program Justification:	There is an expressed need among students, college instructors and employers for an AAT in Kinesiology that will prepare students for a four-year college major in Kinesiology and for careers demanding knowledge in how the body responds to movement.

Submission Rationale

No value

Program Requirements

Kinesiology (Total 60)

Complete the following number of credits: 60

Required Courses (Total 15)

Complete the following number of credits: 15

BIO210 - Human Anatomy	4
BIO211 - Human Physiology	5
KIN100 - Introduction to Kinesiology	3

Required Courses: Movement Based Courses (Select a maximum of one (1) course from any three (3) of the following areas for a minimum of three units: Aquatics, Combatives, Team Sports, Individual Sports, Fitness, Dance) (Total 3)

Complete the following number of credits: 3

PHE100 - Fitness Center	1
PHE135 - Fitness and Exercise	1
PHE176 - Introduction to Golf	1
PHE177 - Intermediate Golf	1
PHE155 - Basketball 1	1
PHE156 - Basketball 2	1

List A: Select two (6 units) (Total 6)

Complete the following number of credits: 6

CHE210 - General Chemistry I	5
CHE211 - General Chemistry II	5
KIN101 - First Aid and CPR	3
HEA140 - Health Education	3
STATC1000 - Introduction to Statistics	4

List A: PSY 101 or SOC 101 (Total 3-6)

Complete at least one of the following rules

SOCIC1000 - Introduction to Sociology	3
PSYCC1000 - Introduction to Psychology	3

In addition to the Required Core Courses, students must complete the CalGETC General Education pattern listed in the catalog.

34-38

Recommended Sequences

No value

Program Outcomes

Associate in Arts in Kinesiology

PSLO

Performance

- | | |
|---|----|
| 1. Acquire fundamental grounding in communication, critical thinking, scientific inquiry, and quantitative reasoning, the arts, literature and humanities, social, political and economic institutions, and self-development. | 70 |
| 2. Identify and apply basic physiological principles of human movement in exercise and sports settings. | 70 |

Program Narrative

Narrative Item 1. Program Goals and Objectives

The Associate in Arts in Kinesiology for Transfer degree will be awarded upon completion of course work totaling 60 California State University (CSU) transferable units including the above major requirements and the CalGETC General Education Requirements with a minimum grade point average of 2.0.

Narrative Item 2. Catalog Description

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4. Certified completion of the CalGETC General Education Pattern.

Transfer Model Curriculum TMC Template

Attached

Transfer Documentation (AAM/BCT/GECC,C-ID)

Attached